

*Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Monday, March 30, 2026

❖ **11:00am Tai Chi** ***Commons**
"Heong Chen" (also known as Chen)
Tai Chi Master Instructor

❖ **1:30pm The Vietnam War** ***Commons**
Ken Burns and Lynn Novick's ten-part documentary series, THE VIETNAM WAR, tells the epic story of one of the most consequential, divisive, and controversial events in American history. Not edited for television.
S1 E5 - This Is What We Do (July 1967-December 1967) 1hr and 25 min.

- Year 2017
- Directors Ken Burns
- Starring Peter Coyote
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social** ***Library**

3:30pm In the Clubroom

Tech Together: A Resident Tech Workshop

A hands-on workshop focused on everyday technology residents use in daily life. In partnership with the Legacy Rehab Team, we provide education and personalized support at all skill levels to build confidence and independence.

Led By: Jordan Asrat & The Legacy Rehab Team

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, March 31, 2026

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **1:30pm Cherry Blossom Scenic Van Ride**
(Kenwood Neighborhood in Bethesda MD)

(Weather Permitting)

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:30pm Art Lecture: Streaming** ***Commons**

The Ottoman Empire

Join Professor Kenneth W. Harl for The Ottoman Empire and investigate the nature of Ottoman identity, the achievements and oddities of the sultan’s court, and stories of confrontation and cooperation with the West.

S1 E33 - Mustafa Kemal, Atatürk, 32 min.

& S1 E34 - Casualties of War and Ethnic Cleansing, 32 min.

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Wednesday, April 1, 2026

❖ **10:00am Trivia Quiz**

***Library**

❖ **11:00am Sit and Fit with**

***Commons**

“Owen Lentz”

*Corrective exercise specialist and former pro rugby player.
represented USA (2007) and South Africa (2000) in World Cups*

❖ **1:30pm Murder on the Orient Express**

***Commons**

Famed Belgian sleuth Hercule Poirot is called upon to solve the mystery of when an American businessman is found murdered while in transit on the world famous Orient Express.

Streaming Amazon Prime Video 2h 02 min.

- Year 1974
- Directors Sidney Lumet
- Starring Albert Finney, Lauren Bacall
- Genres Suspense, Drama.

❖ **1:30pm WATERCOLOR Painting**

*** Clubroom**

Instructor: JANICE NELSON, Grand Oaks Resident

❖ **3:00pm Afternoon Social**

***Library**

❖ **3:30pm Balloon Tennis**

***Library**

❖ **4:30pm Cocktail Hour**

***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, April 2, 2026

❖ **10:00am Trivia Quiz** ***Commons**

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm Choir Meeting and Practice** ***Commons**
Choir Director: Jeff Levin

❖ **1:30pm Bridge Club** ***Bistro**

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:00pm Sip and paint** ***Clubroom**

❖ **3:30pm Word Find** ***Library**

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Friday, April 3, 2026

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy

Our Lady of Victory Catholic Church

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

Deadline to Sign up with concierge is 9:00 am on Friday.

• Residents will have 1 hour to shop. • Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** * Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Clubroom
- ❖ **7:00pm Murder on the Orient Express** *Commons

Famed Belgian sleuth Hercule Poirot is called upon to solve the mystery of when an American businessman is found murdered while in transit on the world famous Orient Express.

Streaming Amazon Prime Video 2h 02 min.

- Year 1974
- Directors Sidney Lumet
- Starring Albert Finney, Lauren Bacall
- Genres Suspense, Drama.

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Saturday, April 4, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Strength and Mobility** ***Commons**
Alex: Certified Trainer
- ❖ **1:30pm Murder on the Orient Express** ***Commons**
Famed Belgian sleuth Hercule Poirot is called upon to solve the mystery of when an American businessman is found murdered while in transit on the world famous Orient Express.
- Streaming Amazon Prime Video 2h 02 min.**
- Year 1974
 - Directors Sidney Lumet
 - Starring Albert Finney, Lauren Bacall
 - Genres Suspense, Drama.
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Word Find** ***Library**
- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, April 5, 2026



❖ **10:00am** **Easter Sunday Service** ***Chapel**

With Father Andy

[Our Lady of Victory Catholic Church](#)

11:30am ~ 1:30pm

Easter Brunch

Location: Dining Room

Live Music



❖ **3:30pm** **John Cranko's Onegin** ***Commons**

Inspired by Pushkin's novel and set to music by Tchaikovsky, John Cranko's ballet tells the tragic story of the world-weary aristocrat Onegin, a country girl named Tatiana, and a love that could never be.

Streaming: Amazon Prime Video – 1hr, 36 min

- Year 2006
- Audio English
- Starring Stuttgart Ballet
- Genres Arts, Entertainment, and Culture

❖ **3:00pm** **Afternoon Social** ***Library**