



OASIS ACTIVITY SCHEDULE



TODAY IS

MONDAY, MARCH 2, 2026

10:00am **Muffins & Cocoa Morning**

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Arts & Crafts:**

Sticker Art

2:45pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm **SINGALONG WITH SUSIE Q**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

TUESDAY, MARCH 3, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Reminiscing Talk*

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Puzzles Club**

3:00pm Hors d'oeuvres and Elvis Presley Music

3:30pm **Movie: (Part 1)**

“The Guernsey Literary and Potato Peel Pie Society”, 2018 (NFLX)

A London writer bonds with the colorful residents of Guernsey as she learns about the book club they formed during the WWII German occupation.

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

WEDNESDAY, MARCH 4, 2026

10:00am **Muffins & Cocoa Morning**

10:30am **Baking Club**

11:00am **Table Tennis**



12:00pm **LUNCH!**

1:30pm **Hand & Back Massage**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Live Show:**

HOORAY FOR HOLLYWOOD

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

THURSDAY, MARCH 5, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Reminiscence Talk*

12:00pm **LUNCH!**

1:30pm *Scenic Van Ride (Weather Permitting)*

with Popcorn on The Road

3:00pm **Hors d'oeuvres & Music /Care Team**

3:30pm **Concert Screening:**

Diana, The Musical (NTFX)

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

FRIDAY, MARCH 6, 2026

10:00am Muffins & Cocoa Morning

10:30am Seated Exercises

11:00am Armchair Travel

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living
Dining Room!**

1:00pm Communion and Prayers



Tea Time

2:00pm Queen's High Tea

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie: (Part 2)**

**“The Guernsey Literary and Potato Peel Pie
Society”, 2018 (NFLX)**

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SATURDAY, MARCH 7, 2026

10:00am **Morning Hot Cocoa Time**

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

12:00pm **LUNCH!**

1:30pm **Walking Club**

2:30pm **Jigsaw Puzzles**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **Western Drama TV Show:**

When Calls the Heart “Lost and Found”

Season 1, Episode 1 – (49min)

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SUNDAY, MARCH 8, 2026

10:00am Morning Hot Cocoa Time

10:30am Seated Morning Stretch

11:00am Sunday's Mass Live Streaming (National Shrine DC)

12:00pm **BRUNCH**

1:30pm Crossword: Finish the Proverbs

2:30pm Match the Song's Lyrics w/ Singalong

3:00pm Hors d'oeuvres with Glen Miller

3:30pm BINGO!

5:00pm **DINNER!**

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