



# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, MARCH 30, 2026**

10:00am **Muffins & Cocoa Morning**

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Arts & Crafts:**

*Button Sorting & Art*

2:45pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm *Sing-along with Susie Q*

5:00pm **DINNER!**

*Daily Activities Schedule Is Subject To Change*



# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, MARCH 31, 2026**

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Reminiscing Talk*

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Puzzles Club**

3:00pm **Hors d'oeuvres and Elvis Presley Music**

3:30pm **Movie: The Sting**

**(Part 1- 1hr, 5min-Drama & Comedy-Netflix)**

In 1930s Chicago, a rookie grifter and veteran con artist plan to fleece a homicidal racketeer through a phony racetrack scam.

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, APRIL 1, 2026**

10:00am **Seated Exercises**

10:30am **Baking Club**

11:00am **Table Tennis**



12:00pm **LUNCH!**

1:30pm **Hand & Back Massage**

2:30pm Finish the Expressions

3:00pm Hors d'oeuvres & Mozart

3:30pm French **BINGO!**

5:00pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, APRIL 2, 2026**

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *The Fascinating World of Wild Animals*

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

*Cherry Blossom Tour at Kenwood*



3:00pm **Hors d'oeuvres & 50's Music**

3:30pm **Concert Screening:**

**Sound of Music (Full Musical Production)**

5:00pm **DINNER!**

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**OASIS ACTIVITY SCHEDULE**

**TODAY IS**

**FRIDAY, APRIL 3, 2026**

**10:00am Muffins & Cocoa Morning**

**10:30am Seated Exercises**

**11:00am Armchair Travel**

**12:00pm to 1:00 pm**

**LUNCH BUNCH AT THE Assisted Living Dining Room!**

**1:00pm Communion and Prayers**

**2:00pm Queen's High Tea**



*Tea Time*

**3:00pm Hors d'oeuvres & Andre Rieu**

**3:30pm Movie: The Sting**

**(Part 2- 1hr, 5min-Drama & Comedy-Netflix)**

In 1930s Chicago, a rookie grifter and veteran con artist plan to fleece a homicidal racketeer through a phony racetrack scam

**5:00pm DINNER!**

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**OASIS ACTIVITY SCHEDULE**  
**TODAY IS**  
**SATURDAY, APRIL 4, 2026**

10:00am **Morning Hot Cocoa Time**

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

12:00pm **LUNCH!**

1:30pm **Walking Club**

2:30pm **Jigsaw Puzzles**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **Western Drama TV Show:**

**When Calls the Heart “The Dance”**

**Season 1, Episode 5 – (49min)**

5:00pm **DINNER!**

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**OASIS ACTIVITY SCHEDULE**

**TODAY IS**

**SUNDAY, APRIL 5, 2026**



**Happy Easter**

**10:00am Morning Hot Cocoa Time**

**10:30am Seated Morning Stretch**

**11:00am** Sunday's Mass Live Streaming  
*(National Shrine DC)*

**12:00pm** *Easter* **Brunch**

**1:30pm Crossword: Finish the Proverbs**

**2:30pm Match the Song's Lyrics w/ Singalong**

**3:00pm Hors d'oeuvres with Glen Miller**

**3:30pm BINGO!**

**5:00pm DINNER!**

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