

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, April 13, 2026

❖ **11:00am Tai Chi** ***Commons**
"Heong Chen" (also known as Chen)
Tai Chi Master Instructor

❖ **1:00pm The Vietnam War** ***Commons**
Ken Burns and Lynn Novick's ten-part documentary series, THE VIETNAM WAR, tells the epic story of one of the most consequential, divisive, and controversial events in American history. Not edited for television.

S1 E7 - The Vener of Civilization (June 1968-May 1969)1hr and 48 min.

- Year 2017
- Directors Ken Burns
- Starring Peter Coyote
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social** ***Library**

3:30pm In the Clubroom

Tech Together: A Resident Tech Workshop

A hands-on workshop focused on everyday technology residents use in daily life. In partnership with the Legacy Rehab Team, we provide education and personalized support at all skill levels to build confidence and independence.

Led By: Jordan Asrat & The Legacy Rehab Team

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Tuesday, April 14, 2026

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **1:30pm Scenic Van Ride**

GW Parkway

(Weather Permitting)

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:30pm Art Lecture: Streaming** ***Commons**

The Knights Templar: A History Strange and True

Embark on a thrilling journey through the Middle Ages with The Knights Templar: A History Strange and True. Over 24 riveting lectures, Dr. Dorsey Armstrong, a distinguished medieval scholar at Purdue University, peels back the layers of legend to reveal the flesh-and-blood reality of the Poor Fellow-Soldiers of Christ and of the Temple of Solomon.

S1 E1 - Who Were the Knights Templar? 30 min.

& S1 E2 - The Crusades, 29 min.

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, April 15, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Sit and Fit with** ***Commons**

“Owen Lentz”

*Corrective exercise specialist and former pro rugby player.
represented USA (2007) and South Africa (2000) in World Cups*

- ❖ **1:30pm Cat on a Hot Tin Roof** ***Commons**

An alcoholic (Paul Newman) and his wife visit his dying father (Burl Ives) in the South.

Streaming Amazon Prime Video 1h 43 min.

- Year 1958
- Directors Richard Brooks
- Starring Elizabeth Taylor, Paul Newman, Burl Ives, Jack Carson, Judith Anderson, Madeleine Sherwood, Larry Gates
- Genres Romance, Drama.

- ❖ **1:30pm WATERCOLOR Painting** *** Clubroom**

Instructor: JANICE NELSON, Grand Oaks Resident

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Library**

- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, April 16, 2026

- ❖ **10:00am Trivia Quiz** ***Commons**

- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

- ❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm** **CHOIR PRACTICE** ***Commons**

Choir Director: Jeff Levin

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **1:30pm Sip and paint** ***Clubroom**

- ❖ **2:00pm Dominoes** ***Bistro**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Word Find** ***Library**

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, April 17, 2026

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy

Our Lady of Victory Catholic Church

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

Deadline to Sign up with concierge is 9:00 am on Friday.

• Residents will have 1 hour to shop. • Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** * Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Clubroom
- ❖ **7:00pm Cat on a Hot Tin Roof** *Commons

An alcoholic (Paul Newman) and his wife visit his dying father (Burl Ives) in the South.

Streaming Amazon Prime Video 1h 43 min.

- Year 1958
- Directors Richard Brooks
- Starring Elizabeth Taylor, Paul Newman, Burl Ives, Jack Carson,
- Genres Romance, Drama.

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, April 18, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Strength and Mobility** ***Commons**
Alex: Certified Trainer
- ❖ **1:30pm Cat on a Hot Tin Roof** ***Commons**
An alcoholic (Paul Newman) and his wife visit his dying father (Burl Ives) in the South.
- Streaming Amazon Prime Video 1h 43 min.**
- Year 1958
 - Directors Richard Brooks
 - Starring Elizabeth Taylor, Paul Newman, Burl Ives, Jack Carson, Judith Anderson, Madeleine Sherwood, Larry Gates
 - Genres Romance, Drama.
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Word Find** ***Library**
- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, April 19, 2026

❖ 10:00am Trivia *Commons

❖ 11:00am Sit and Fit with Adela *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location: Dining Room



❖ 2:00pm Bingo *Library

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Beethoven - Fidelio, Op. 72 *Commons

Fidelio, Op. 72, is Ludwig van Beethoven's only opera. This 2018 opera film from the Swiss Theater St. Gallen is based on Jan Schmidt-Garre's highly acclaimed stage production of Beethoven's Fidelio.

Streaming: Amazon Prime Video – 1hr, 54 min

- Year 2018
- Audio English
- Starring Otto Tausk, Ludwig van Beethoven, Sinfonieorchester St. Gallen, Jacquelyn Wagner
- Genres Arts, Entertainment, and Culture