

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, April 20, 2026

❖ **11:00am Tai Chi** ***Commons**
"Heong Chen" (also known as Chen)
Tai Chi Master Instructor

❖ **1:00pm The Vietnam War** ***Commons**
Ken Burns and Lynn Novick's ten-part documentary series, THE VIETNAM WAR, tells the epic story of one of the most consequential, divisive, and controversial events in American history. Not edited for television.
[S1 E8 - The History of the World \(April 1969-May 1970\) 1hr and 49 min.](#)

- Year 2017
- Directors Ken Burns
- Starring Peter Coyote
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social** ***Library**

3:30pm In the Clubroom

Tech Together: A Resident Tech Workshop

A hands-on workshop focused on everyday technology residents use in daily life. In partnership with the Legacy Rehab Team, we provide education and personalized support at all skill levels to build confidence and independence.

Open Tech Support & Q&A

Led By: Jordan Asrat & The Legacy Rehab Team

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Tuesday, April 21, 2026

❖ 11:00am Balance and Motion *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 11:00am Tech Support with Jordan

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ 1:30pm Garden Club Trip to Home Depot Nursery
Selecting this season’s flowers and vegetables for our Garden Club

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
 - 1:10pm - Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Art Lecture: Streaming *Commons

The Knights Templar: A History Strange and True

Embark on a thrilling journey through the Middle Ages with The Knights Templar: A History Strange and True. Over 24 riveting lectures, Dr. Dorsey Armstrong, a distinguished medieval scholar at Purdue University, peels back the layers of legend to reveal the flesh-and-blood reality of the Poor Fellow-Soldiers of Christ and of the Temple of Solomon.

S1 E3 - The Knights Templar Are Formed!- 29 min.

S1 E4. Promotion and Criticism of the Order- 25min.

S1 E5. The Fall of Edessa and the Second Crusade

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, April 22, 2026

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Sit and Fit with *Commons

“Owen Lentz”

Corrective exercise specialist and former pro rugby player. represented USA (2007) and South Africa (2000) in World Cups

- ❖ 1:30pm About Schmidt *Commons

Academy Award-winner Jack Nicholson ("The Bucket List") stars as Warren Schmidt, an embittered man who has just retired after 32 years as an insurance company actuary.

Streaming Amazon Prime Video 2h 05 min.

- Year 2003
- Directors Alexander Payne
- Starring Jack Nicholson, Hope Davis, Dermot Mulroney, Kathy
- Genres Comedy, Drama.

- ❖ 1:30pm **WATERCOLOR** Painting * Clubroom
Instructor: JANICE NELSON, Grand Oaks Resident

- ❖ 2:30pm **Grief Support Group: Understanding Grief and Loss**
Facilitated by Jacob Bigley, Chaplain | Bereavement Coordinator
& Enjoli Christmas, Social Worker
4th Floor country Kitchen - Northside

- ❖ 3:00pm Afternoon Social *Library

- ❖ 3:30pm Bingo *Clubroom

- ❖ 4:30pm Cocktail Hour *Bistro

Featuring themed Cocktail & Wine & Beer

*Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Thursday, April 23, 2026

- ❖ **10:00am Trivia Quiz** ***Commons**

- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

- ❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **1:30pm Sip and paint** ***Clubroom**

- ❖ **2:00pm Dominoes** ***Bistro**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Word Find** ***Library**

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, April 24, 2026

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy

[Our Lady of Victory Catholic Church](#)

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop.
- Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** * Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Clubroom
- ❖ **7:00pm About Schmidt** *Commons

Academy Award-winner Jack Nicholson ("The Bucket List") stars as Warren Schmidt, an embittered man who has just retired after 32 years as an insurance company actuary.

Streaming Amazon Prime Video 2h 05 min.

- Year 2003
- Directors Alexander Payne
- Starring Jack Nicholson, Hope Davis, Dermot Mulroney, Kathy
- Genres Comedy, Drama.

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, April 25, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Strength and Mobility** ***Commons**
Alex: Certified Trainer
- ❖ **1:30pm About Schmidt** ***Commons**
Academy Award-winner Jack Nicholson ("The Bucket List") stars as Warren Schmidt, an embittered man who has just retired after 32 years as an insurance company actuary.
- Streaming Amazon Prime Video 2h 05 min.**
- Year 2003
 - Directors Alexander Payne
 - Starring Jack Nicholson, Hope Davis, Dermot Mulroney, Kathy Bates, Len Cariou, Howard Hesseman, June Squibb, Harry Groener
 - Genres Comedy, Drama.
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Word Find** ***Library**
- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, April 26, 2026

❖ 10:00am Trivia *Commons

❖ 11:00am Sit and Fit with Adela *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location: Dining Room



❖ 2:00pm Bingo *Library

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Salzburg Festival:
Strauss's Elektra *Commons

Strauss's electrifying one-act opera is a tale of revenge straight from Greek mythology. The psychology of a broken family is highlighted in this operatic tour-de-force-a mind-blowing production from the Salzburg Festival's centenary.

Streaming: Amazon Prime Video – 1hr, 59 min

- Year 2018
- Audio English
- Starring Vienna Philharmonic
- Genres Arts, Entertainment, and Culture