



OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, APRIL 13, 2026

10:00am **Muffins & Cocoa Morning**

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Arts & Crafts:**

Memory Photo Frame

2:45pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm *Sing-along with Susie Q*

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, APRIL 14, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Armchair Travel*

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Puzzles Club**

3:00pm **Hors d'oeuvres and Elvis Presley Music**

3:30pm **Movie: On Golden Pond**

(Part 1- 1 hour Drama & Nostalgic)

The legendary Henry Fonda and Katharine Hepburn star in one of the 1980s' most honored and cherished films, *On Golden Pond*, he and his wife nevertheless agree to care for Billy, the son of Chelsea's new boyfriend, and a most unexpected relationship blooms.

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, APRIL 15, 2026

10:00am Seated Exercises with Alba

10:30am Baking Club

11:00am Table Tennis



12:00pm LUNCH!

2:00pm Golden Oasis: Senior Spa Experience

2:30pm Finish the Expressions

3:00pm Hors d'oeuvres & Mozart

3:30pm Remembering Great Minds:

Eleanor Roosevelt - The Most Influential First Lady Documentary

5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, APRIL 16, 2026

10:00am Balance & Motion with Michael

10:50am Cool Down & Rehydrate

11:00am *The Fascinating World of Wild Animals*

12:00pm LUNCH!

1:30pm Scenic Van Ride (*Weather Permitting*)

Cherry Blossom Tour at Tidal Basin.



3:00pm Hors d'oeuvres & 50's Music

3:30pm Concert Screening:

Mary Poppins the Musical (full production)

5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, APRIL 17, 2026

10:00am Muffins & Cocoa Morning

10:30am Seated Exercises with Alba

11:00am Armchair Travel

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living Dining Room!

1:00pm Communion and Prayers

2:00pm Queen's High Tea



Tea Time

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie: On Golden Pond**

(Part 2- 49 minutes-Drama & Nostalgic)

5:00pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, APRIL 18, 2026

10:00am Morning Hot Cocoa Time

10:30am Seated Morning Stretch

11:00am Balloon Tennis

12:00pm LUNCH!

1:30pm Hand & Back Massage

2:30pm Hors d'oeuvres with 50s Music

3:00pm Jigsaw Puzzles

3:30pm Sing-along with Susie Q

5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, APRIL 19, 2026

10:00am Morning Hot Cocoa Time

10:30am Seated Morning Stretch

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

12:00pm BRUNCH

1:30pm Crossword: Finish the Proverbs

2:30pm Hors d'oeuvres with Glen Miller

3:00pm Match the Song's Lyrics w/ Singalong

3:30pm BINGO!

5:00pm DINNER!

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