



OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, APRIL 20, 2026

10:00am **Muffins & Cocoa Morning**

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Arts & Crafts:**



“Design Your Own Perfect Mug”

2:30pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm *Sing-along with Susie Q*

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, APRIL 21, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Armchair Travel*

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Hors d'oeuvres and Elvis Presley Music**

3:00pm **Puzzles Club**

3:30pm **Movie: The Kind And I**
(Part 1- 1 hour Drama & Romance)

Based on the Broadway musical by Rodgers and Hammerstein, a Victorian widow travels to Siam to teach the royal children but ends up having to balance the refined ways of Western culture with the traditions and customs the King does not want to give up.

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, APRIL 22, 2026

10:00am **Seated Exercises with Alba**

10:30am **Baking Club**

11:00am **Table Tennis**



12:00pm **LUNCH!**

2:00pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Finish the Expressions**

3:30pm **Live Music with Eduardo**



5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, APRIL 23, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *The Fascinating World of Wild Animals*

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)
With Pop Corn & Ice Cream on the Road

3:00pm **Hors d'oeuvres & 50's Music**

3:30pm **Concert Screening:**

ELVIS - "In Person: Live 1956" (Full Show) -

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, APRIL 24, 2026



10:00am Muffins & Cocoa Morning

10:30am Seated Exercises with Alba

11:00am Armchair Travel

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living
Dining Room!**

1:00pm Communion and Prayers

2:00pm Queen's High Tea



Tea Time

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie: The Kind And I**

(Part 2 – 1:13 hour Drama & Romance)

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, APRIL 25, 2026

10:00am Morning Hydration

10:30am Fun in the Sun : Myrtle Courtyard

11:00am Balloon Tennis

12:00pm LUNCH!

1:30pm Popcorn Making & Hydration

2:30pm Hors d'oeuvres with 50s Music

3:00pm Jigsaw Puzzles

3:30pm Sing-along with Susie Q

5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, APRIL 26, 2026

10:00am Morning Hydration Time

10:30am Seated Morning Stretch

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

12:00pm BRUNCH

1:30pm Crossword: Finish the Proverbs

2:30pm Hors d'oeuvres with Glen Miller

3:00pm Match the Song's Lyrics w/ Singalong

3:30pm BINGO!

5:00pm DINNER!

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