

Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, May 18, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
❖ **11:00am Tai Chi** ***Commons**

"Heong Chen" (also known as Chen)

Tai Chi Master Instructor

- ❖ **1:30pm The First World War** ***Commons**

This ten-part series tells the comprehensive story of the First World War, featuring excerpts written by Winston Churchill, Karen Blixen (Isak Dinesen), Georges Clemenceau, David Lloyd George, Siegfried Sassoon, and Rudolf Hess.

S1 E3 - 3. Global War 50 min. & S1 E4 - Jihad 50 min.

- Year 2003
- Directors Marcus Kiggell, Simon Rockell, Corina Sturmer, Emma Wallace, Ben Steele.
- Starring Jonathan Lewis, Emperor Franz Josef, Woodrow Wilson, Winston Churchill, Kaiser Wilhelm II
- Genres Documentary, Historical.

- ❖ **2:00pm Dominoes** ***Bistro**
❖ **3:00pm Afternoon Social** ***Library**

3:30pm In the Clubroom

Tech Together: A Resident Tech Workshop

A hands-on workshop focused on everyday technology residents use in daily life. In partnership with the Legacy Rehab Team, we provide education and personalized support at all skill levels to build confidence and independence.

Open Tech Support & Q&A

Led By: Jordan Asrat & The Legacy Rehab Team

- ❖ **4:30pm Cocktail Hour** ***Bistro**
Featuring themed Cocktail & Wine & Beer

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Tuesday, May 19, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **11:00am Garden Club with Adela**
Meet me on the 2nd Floor Courtyard by the Wellness Office.
- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

- ❖ **1:30pm Scenic Van Ride (Constitution Ave.) (Weather Permitting)**

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

- ❖ **1:45pm LET’S PLAY BLANK SLATE** ***Clubroom**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm **KNIT & STITCH** *and* **CRAFT CLUB**** ***Clubroom**

- ❖ **3:30pm Art Lecture: Streaming** ***Commons**

Understanding Western Art: Stories, Styles, and Masterworks

In Understanding Western Art: Stories, Styles, and Masterworks, you will take on the breathtaking story and legacy of Western art in a uniquely original inquiry. Across 25 richly enjoyable lectures, art historian and best-selling author Noah Charney offers you a refreshingly different and accessible way into the great art of the Western world.

S1,E7-The Renaissance: Giotto & Van der Weyden. S1 E8 - Perspective & Illusion: Holbein & Cézanne, S1,E9-Stories & Allegories: Matejko & Ossawa Tanner (1hr,32min)

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Wednesday, May 20, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Garden Club with Adela**
Meet me on the 2nd Floor Courtyard by the Wellness Office.
- ❖ **11:00am Sit and Fit with** ***Commons**
“Owen Lentz”
*Corrective exercise specialist and former pro rugby player.
represented USA (2007) and South Africa (2000) in World Cups*
- ❖ **1:30pm The Seven Year Itch** ***Commons**
With his family away for their annual summer holiday, New Yorker Richard Sherman (Tom Ewell) decides he has the opportunity to live a bachelor's life. The beautiful but ditsy blond (Marilyn Monroe) from the apartment above his catches his eye and they soon start spending time together. It's all innocent though there is little doubt that Sherman is attracted to her.
Streaming Amazon Prime Video 1h 44 min.
- Year 1955
 - Directors Billy Wilder
 - Starring Marilyn Monroe, Tom Ewell, Evelyn Keyes
 - Genres Drama, Comedy.
- ❖ **1:30pm WATERCOLOR Painting** *** Clubroom**
Instructor: JANICE NELSON, Grand Oaks Resident
- ❖ **2:30pm GRIEF SUPPORT GROUP**
**Facilitated by Jacob Bigley, Chaplain | Bereavement Coordinator
& Enjoli Christmas, Social Worker 4th Floor country Kitchen - Northside**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo** ***Clubroom**
- ❖ **4:30pm Cocktail Hour** ***Bistro**
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Thursday, May 21, 2026

❖ **10:00am Trivia Quiz** ***Commons**

❖ **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm Choir Meeting and Practice** ***Commons**
Choir Director: Jeff Levin

❖ **1:30pm Sip and paint** ***Clubroom**

❖ **1:30pm Bridge Club** ***Bistro**

❖ **2:00pm Dominoes** ***Clubroom**

❖ **3:00pm Afternoon Social** ***Library**

3:00pm In The Commons

Activities Planning Committee for Outings

❖ **3:30pm Word Find** ***Library**

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Friday, May 22, 2026

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy

[Our Lady of Victory Catholic Church](#)

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop.
- Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** * Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Clubroom
- ❖ **7:00pm The Seven Year Itch** *Commons

With his family away for their annual summer holiday, New Yorker Richard Sherman (Tom Ewell) decides he has the opportunity to live a bachelor's life. The beautiful but ditsy blond (Marilyn Monroe) from the apartment above his catches his eye and they soon start spending time together. It's all innocent though there is little doubt that Sherman is attracted to her.

Streaming Amazon Prime Video 1h 44 min.

- Year 1955
- Directors Billy Wilder
- Starring Marilyn Monroe, Tom Ewell, Evelyn Keyes
- Genres Drama, Comedy.

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Saturday, May 23, 2026

❖ **10:00am Trivia Quiz** ***Library**

❖ **11:00am Seated Strength and Mobility** ***Commons**
Alex: Certified Trainer

❖ **1:30pm The Seven Year Itch** ***Commons**

With his family away for their annual summer holiday, New Yorker Richard Sherman (Tom Ewell) decides he has the opportunity to live a bachelor's life. The beautiful but ditsy blond (Marilyn Monroe) from the apartment above his catches his eye and they soon start spending time together. It's all innocent though there is little doubt that Sherman is attracted to her.

Streaming Amazon Prime Video 1h 44 min.

- Year 1955
- Directors Billy Wilder
- Starring Marilyn Monroe, Tom Ewell, Evelyn Keyes
- Genres Drama, Comedy.

❖ **1:30pm Bridge Club** ***Bistro**

❖ **2:00pm Dominoes** ***Clubroom**

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:30pm Word Find** ***Library**

❖ **4:30pm Cocktail Hour** ***Bistro**

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