

*Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## Monday, May 25, 2026



❖ 10:00am Morning Trivia with Mel

\*Library

❖ 11:00am Tai Chi

\*Commons

"Heong Chen" (also known as Chen)

*Tai Chi Master Instructor*

11:30am ~ 1:30pm

Memorial Day BBQ

Location: Dining Room



❖ 1:30pm The First World War

\*Commons

This ten-part series tells the comprehensive story of the First World War, featuring excerpts written by Winston Churchill, Karen Blixen (Isak Dinesen), Georges Clemenceau, David Lloyd George, Siegfried Sassoon, and Rudolf Hess.

[S1 E5 - Shackled To A Corpse 50 min.](#) & [S1 E6 - Breaking The Deadlock 50 min.](#)

- Year 2003
- Directors Marcus Kiggell, Simon Rockell, Corina Sturmer, Emma Wallace, Ben Steele.
- Starring Jonathan Lewis, Emperor Franz Josef, Woodrow Wilson, Winston Churchill.
- Genres Documentary, Historical.

❖ 3:00pm Afternoon Social

\*Library

❖ 4:30pm Cocktail Hour

\*Bistro

**Featuring themed Cocktail & Wine & Beer**

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## **Tuesday, May 26, 2026**

- ❖ **10:00am Trivia Quiz** **\*Library**
- ❖ **11:00am Balance and Motion** **\*Commons**

### **“Michael Rosengart”**

*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*

#### ❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

#### ❖ **1:30pm Scenic Van Ride (George Washington Memorial Pkwy.)** (Weather Permitting)

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
  - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

- ❖ **1:45pm Let’s play Blank Slate** **\*Clubroom**
- ❖ **3:00pm Afternoon Social** **\*Library**
- ❖ **3:30pm Knit & Stitch and Craft Club** **\*Clubroom**
- ❖ **3:30pm Art Lecture: Streaming** **\*Commons**

### **Understanding Western Art: Stories, Styles, and Masterworks**

In Understanding Western Art: Stories, Styles, and Masterworks, you will take on the breathtaking story and legacy of Western art in a uniquely original inquiry. Across 25 richly enjoyable lectures, art historian and best-selling author Noah Charney offers you a refreshingly different and accessible way into the great art of the Western world.

**S1 E10 - Rivalry and Competition: Titian and Anguissola, S1 E11 - Light and Dark: Monet and Goya, & S1 E12 - Light and Dark: Monet and Goya. (1 hour, 32 min.)**

- ❖ **6:30pm Civic voices**

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**In the Commons: All Residents are welcome to join.**

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## **Wednesday, May 27, 2026**

❖ **10:00am Trivia Quiz** **\*Library**

❖ **11:00am Garden Club with Adela**

**Meet me on the 2nd Floor Courtyard by the Wellness Office.**

❖ **11:00am Sit and Fit with** **\*Commons**

### **“Owen Lentz”**

*Corrective exercise specialist and former pro rugby player.  
represented USA (2007) and South Africa (2000) in World Cups*

❖ **1:00pm Dead Poets Society** **\*Commons**

With a lesson plan full of unorthodox methods, maverick teacher John Keating emboldens his all-boys preparatory school students, inspiring them to break out of their shells, pursue their dreams and seize the day.

**Streaming Amazon Prime Video 2h 03 min.**

- Year 1989
- Directors Peter Weir
- Starring Robin Williams, Robert Sean Leonard, Ethan Hawke
- Genres Drama.

❖ **1:30pm WATERCOLOR Painting** **\* Clubroom**

*Instructor: JANICE NELSON, Grand Oaks Resident*

❖ **3:00pm Afternoon Social** **\*Library**

❖ **3:30pm Balloon Tennis** **\*Commons**

❖ **4:30pm Cocktail Hour** **\*Bistro**

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## **Thursday, May 28, 2026**

- ❖ **10:00am Trivia Quiz** **\*Commons**
- ❖ **11:00am Garden Club with Adela**  

**Meet me on the 2nd Floor Courtyard by the Wellness Office.**
- ❖ **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- ❖ **11:00am Balance and Motion** **\*Commons**  

**“Michael Rosengart”**  
*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*
- ❖ **1:30pm Bridge Club** **\*Bistro**
- ❖ **2:00pm Dominoes** **\*Bistro**
- ❖ **2:30pm Spring Concert** **\*Commons**  

*A celebration of Community, Music & The Season*
- ❖ **3:00pm Afternoon Social** **\*Library**
- ❖ **3:00pm Sip and paint** **\*Clubroom**
- ❖ **3:30pm Word Find** **\*Library**

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## **Friday, May 29, 2026**

- ❖ **10:00am Trivia Quiz** \*Library
- ❖ **11:00am Seated Exercise with Legacy** \*Commons
- ❖ **1:00pm Catholic Mass** \*Chapel

**Father Andy**

**Our Lady of Victory Catholic Church**

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

**Deadline to Sign up with concierge is 9:00 am on Friday.**

• Residents will have 1 hour to shop. • Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** \* Library
- ❖ **3:00pm Afternoon Social** \*Library
- ❖ **3:30pm Bingo** \*Clubroom
- ❖ **7:00pm Dead Poets Society** \*Commons

With a lesson plan full of unorthodox methods, maverick teacher John Keating emboldens his all-boys preparatory school students, inspiring them to break out of their shells, pursue their dreams and seize the day.

**Streaming Amazon Prime Video 2h 03 min.**

- Year 1989
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- Starring Robin Williams, Robert Sean Leonard, Ethan Hawke
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## **Saturday, May 30, 2026**

- ❖ **10:00am Trivia Quiz** **\*Library**
- ❖ **11:00am Seated Strength and Mobility** **\*Commons**  
*Alex: Certified Trainer*
  
- ❖ **1:30pm Dead Poets Society** **\*Commons**  
With a lesson plan full of unorthodox methods, maverick teacher John Keating emboldens his all-boys preparatory school students, inspiring them to break out of their shells, pursue their dreams and seize the day.  
**Streaming Amazon Prime Video 2h 03 min.**
  - Year 1989
  - Directors Peter Weir
  - Starring Robin Williams, Robert Sean Leonard, Ethan Hawke
  - Genres Drama.
  
- ❖ **1:30pm Bridge Club** **\*Bistro**
- ❖ **2:00pm Dominoes** **\*Bistro**
  
- ❖ **3:00pm Afternoon Social** **\*Library**
  
- ❖ **3:30pm Word Find** **\*Library**
  
- ❖ **4:30pm Cocktail Hour** **\*Bistro**

**Featuring themed Cocktail & Wine & Beer**

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## **Sunday, May 31, 2026**

❖ **10:00am Trivia** **\*Commons**

❖ **11:00am Sit and Fit with Adela** **\*Commons**

**11:30am ~ 1:30pm**

**Sunday Brunch**

**Location: Dining Room**



❖ **2:00pm Bingo** **\*Library**

❖ **3:00pm Afternoon Social** **\*Library**

❖ **3:30pm Gardiner conducts Schumann's Symphony No. 3** **\*Commons**

Sir John Eliot Gardiner leads a journey through the Romanticism of Weber, Mendelssohn and Schumann. Soloists are Isabelle Faust (violin) and Kristian Bezuidenhout (fortepiano). Recorded at the Barbican Hall, London in February 2019.

**Streaming: Amazon Prime Video – 1hr, 26 min**

- Year 2019
- Audio English
- Starring Sir John Eliot Gardiner, London Symphony Orchestra, Robert Schumann, Carl Maria von Weber, Felix Mendelssohn
- Genres Arts, Entertainment, and Culture