


# UNDERSTANDING GRIEF AND LOSS

## A MONTHLY GRIEF SUPPORT GROUP

*Let's Walk This Path Together.*

### Where & When

 **Wednesday, May 20, 2026**  
**2:00 PM to 3:00 PM**

**The 4th Floor Country Kitchen**  
**(Northside - Back Side, Across from Apt 492)**



**Jacob Bigley**  
Chaplain | Bereavement Coordinator  
Affinity Care Hospice

A safe space to express your feelings,  
share your story, and find comfort  
among friends and neighbors.

This group will be facilitated by  
our dedicated care team:

**&**

**Enjoli Christmas**  
Social Worker  
Affinity Care Hospice

---

---

All are welcome. Your level of participation is entirely your choice.

---

---