



OASIS ACTIVITY SCHEDULE  
TODAY IS  
**MONDAY, MAY 18, 2026**

10:00am **Balloon Tennis**

10:30am **Cool Down & Rehydrate**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Bowling & Laughs Club**

2:30pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm **Sing-along with Susie Q**

5:00pm **DINNER!**

*Daily Activities Schedule Is Subject To Change*



# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, MAY 19, 2026**

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am Arts & Crafts:



**“Design Your Own Perfect Mug”**

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Hors d'oeuvres and Elvis Presley Music**

3:00pm **Puzzles Club**

3:30pm **Movie: Roman Holiday**

**(Part 1- 1 hour Drama)**

A princess who is tired of her never-ending obligations escapes her handlers for a walk through Rome and ends up meeting an impromptu sightseeing partner, an American newsman looking for the next big story.

5:00pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, MAY 20, 2026**

10:00am **Seated Exercises**

10:30am **Baking Club**

11:00am **Table Tennis**



12:00pm **LUNCH!**

2:00pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm ***Finish the Expressions***

3:30pm **BINGO!**

5:00pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, MAY 21, 2026**

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am **Corn Hole Game**



12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)  
*With Pop Corn & Ice Cream on the Road*

3:00pm **Hors d'oeuvres & 50's Music**

3:30pm **Concert Screening:**

**Giacomo Puccini - Tosca, complete opera**

5:00pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, MAY 22, 2026**

**10:00am** Seated Exercises

**10:30am** Cool Down & Rehydrate

**11:00am** Armchair Travel

**12:00pm to 1:00 pm**

**LUNCH BUNCH AT THE Assisted Living  
Dining Room!**

**1:00pm** Communion and Prayers

**2:00pm** Queen's High Tea



*Tea Time*

**3:00pm** Hors d'oeuvres & Andre Rieu

**3:30pm** **Movie: Roman Holiday**

**(Part 2 – 53 minutes Drama)**

**5:00pm**

**DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, MAY 23, 2026**

10:00am **Morning Hydration**

10:30am **Seated Morning Stretch**

11:00am **Table Tennis**



12:00pm **LUNCH!**

1:30pm **Hand Massage**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm *Sing-along with Susie Q*

5:00pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, MAY 24, 2026**

**10:00am Morning Hydration**

**10:30am Seated Morning Stretch**

**11:00am** Live Stream – Washington National  
Cathedral

**12:00pm** **BRUNCH**

**1:30pm Crossword: Finish the Proverbs**

**2:30pm Hors d'oeuvres with Glen Miller**

**3:00pm Coloring Memories**

**3:30pm BINGO!**

**5:00pm** **DINNER!**

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