



OASIS ACTIVITY SCHEDULE
TODAY IS
MONDAY, MAY 4, 2026

10:00am Balloon Tennis

10:30am Cool Down & Rehydrate

11:00am Sit & Fit with Legacy

12:00pm LUNCH!

1:30pm Arts & Crafts: “Color and Relax”

2:30pm Hors d’oeuvres & Frank Sinatra

3:00pm BINGO!

3:30pm Movie: Pure Country

(Part 1- 1 hour Drama)

George Strait makes his film debut in an entertaining look into the heart and soul of country music from Young Guns director Christopher Cain.

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, MAY 5, 2026

HAPPY CINCO DE MAYO



10:00am Balance & Motion with Michael

10:50am Cool Down & Rehydrate

11:00am Armchair Travel

12:00pm LUNCH!

1:30pm WALKING CLUB

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm Mexican Word Search

**3:30pm Tequila Time: Cinco de Mayo
Shout-out**

5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE
TODAY IS
WEDNESDAY, MAY 6, 2026

10:00am Seated Exercises with Alba

10:30am Baking Club

11:00am Table Tennis



12:00pm LUNCH!

2:00pm Golden Oasis: Senior Spa Experience

2:30pm Hors d'oeuvres & Mozart

3:00pm *Finish the Expressions*

3:30pm *Live Music with Eduardo*



5:00pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, MAY 7, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *The Fascinating World of Wild Animals*

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)
With Pop Corn & Ice Cream on the Road

3:00pm **Hors d'oeuvres & 50's Music**

3:30pm **Concert Screening:**

The Beatles - The Ed Sullivan Show
(14.08.1965) Complete LIVE Performance

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, MAY 8, 2026

10:00am Seated Exercises with Alba

10:30am Cool Down & Rehydrate

11:00am Armchair Travel

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living
Dining Room!

1:00pm Communion and Prayers

2:00pm Queen's High Tea



Tea Time

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie: Pure Country**

(Part 2 – 0:52 minutes Drama)

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, MAY 9, 2026

10:00am **Morning Hydration**

10:30am **Seated Morning Stretch**

11:00am **Table Tennis**



12:00pm **LUNCH!**

1:30pm **Hand Massage**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm *Sing-along with Susie Q*

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, MAY 10, 2026



10:00am Morning Hydration

10:30am Seated Morning Stretch

11:00am Live Stream – Washington National Cathedral

11:30pm IN the AL Courtyard

MOTHER'S DAY BRUNCH

1:30pm Crossword: Finish the Proverbs

2:30pm Hors d'oeuvres with Glen Miller

3:00pm Coloring Memories

3:30pm BINGO!

5:00pm DINNER!

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