OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, August 10, 2026

10:00am **Happy Feet Balloon Kick Game**

10:30am Cool Down & Rehydrate

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm Arts & Crafts:

"Tissue Paper Collage"

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **Puzzles Club**

3:30pm Sing-along with Susie Q

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, August 11, 2026

10:00am Balance & Motion with Michael

10:50am Cool Down & Rehydrate

11:00am Bowling & Laughs Club

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Hors d'oeuvres** and Elvis Presley Music

3:00pm Finish the Expressions

3:30pm BINGO!

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, August 12, 2026

10:00am Seated Exercises with Alba

10:30am **Baking Club**

11:00am **Table Tennis**

12:00pm **LUNCH!**

2:00pm Golden Oasis: Senior Spa Experience

2:30pm **Hors d'oeuvres** & Mozart

3:00pm **Puzzles Club**

3:30pm **Live Music with Eduardo**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, August 13, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Corn Hole Game**

12:00pm **LUNCH!**

1:30pm Scenic Van Ride *(Weather Permitting)*

With Pop Corn & Ice Cream on the Road

3:00pm Hors d'oeuvres & 50's Music

3:30pm Concert Screening:

Patsy Cline Concert HD - Layton Amphitheater

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, August 14, 2026

10:00am Seated Exercises with Alba

10:30am Cool Down & Rehydrate

11:00am Armchair Travel

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living Dining Room!

1:00pm Communion and Prayers

2:00pm Queen's High Tea Tea Time

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie:**

Singing in the Rain (1952)

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, August 15, 2026

10:00am **Seated Morning Stretch**

10:30am **Morning Hydration**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **Walking Club**

2:30pm **Hors d'oeuvres** with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Sing-along with Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, August 16, 2026

10:00am Seated Morning Stretch

10:30am Morning Hydration

11:00am Live Stream – Washington National Cathedral

12:00pm **BRUNCH**

1:30pm Crossword: Finish the Proverbs

2:30pm Hors d'oeuvres with Glen Miller

3:00pm Coloring Memories

3:30pm BINGO!

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change