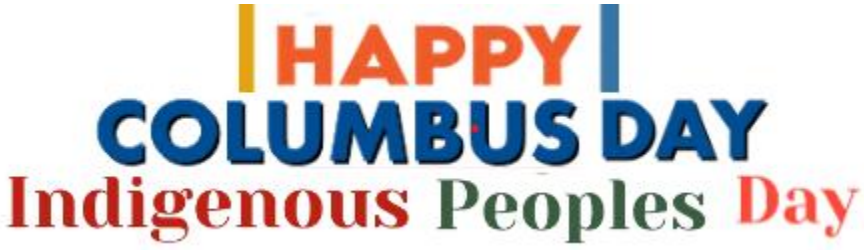
***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, October 12, 2026



❖ **10:00am Trivia Quiz** ***Library**

❖ **11:00am Tai Chi** ***Commons**

"Heong Chen" (also known as Chen)

Tai Chi Master Instructor

❖ **1:30pm America in Color** ***Commons**

Season 1 included with Prime until 4/30 Witness American history, from the 1920s through the 1960s, like it's never been seen before - in vibrant color.

S1 E1 - The 1920s 48 min. & S1 E2 - The 1930s 48 min.

- Year 2017
- Directors Smithsonian Channel
- Starring Eric Meyers, Max Beesley, Stephen Mangan, Liev Schreiber
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Clubroom**

❖ **3:30pm Afternoon Social** ***Library**

❖ **3:30pm** 

***Clubroom**

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, October 13, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Balance and Motion** ***Commons**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **1:30pm Scenic Van Ride** ***(Weather Permitting)***
  - Sign up with Concierge By 12pm on Monday
  - Bus Loading & Departure Schedule:
  - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
  - 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.
- **1:45pm Let's play Blank Slate** ***Clubroom**
- **3:00pm Afternoon Social** ***Library**
- **3:30pm Art Lecture: Streaming** ***Commons**

The Art Detectives: S2 E1 – Glasgow 59 min.

Tracking down previously unknown paintings by some of the world's great artists. Works by Flemish artist Peter Breughel the Younger at the Ulster Museum; Northern Ireland Assembly at Stormont.

6:30PM IN THE COMMONS

CIVIC VOICES PRESENTS

VICE ADMIRAL KEVIN P. GREEN, USN (RET.)

All Residents are Invited to join.

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Wednesday, October 14, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Sit and Fit with "Owen Lentz" *Commons**

Corrective exercise specialist and former pro rugby player. represented USA (2007) and South Africa (2000) in World Cups

- **1:30pm Klute *Commons**

A small-town detective searching for a missing man has only one lead: a connection with a New York prostitute.

Streaming Amazon Prime Video 1 h 49 min.

- Year 1971
- Directors Alan Pakula
- Starring Jane Fonda, Donald Sutherland, Charles Cioffi
- Genres Suspense.

- **1:30pm Bridge Club *Bistro**
- **1:30pm WATERCOLOR Painting *Clubroom**
- **3:30pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**
- **4:30pm Cocktail Hour *Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, October 15, 2026

❖ **10:00am Trivia Quiz** *** Library**

❖ **11:00am Garden Club with Adela Meet me on the 2nd Floor Courtyard**

❖ **11:00am Tech Support with Jordan:** 202-349-3400 between 11 AM and 4 PM.

- For all tech support requests, please contact the Concierge

❖ **11:00am Balance and Motion** ***Commons**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm CHOIR MEETING AND PRACTICE** ***Commons**

CHOIR DIRECTOR: JEFF LEVIN

❖ **1:30pm Bridge Club** ***Bistro**

❖ **1:30pm Sip and paint** ***Clubroom**

❖ **2:00pm Word find** ***Clubroom**

❖ **2:30pm Resident Council Formation Meeting** ***Commons**

Led by residents: Guest Speaker

MR. CONSTANTINOPLE:

President of the Resident Council at Chevy Chase House

❖ **3:30pm A Netflix Special** ***Commons**

"The Man On The Inside"

A retired professor gets a new lease on life when a private investigator hires him to go undercover inside a San Francisco retirement home.

Streaming Season Two Episode 7 to 8 Netflix Series 27 min an Episode. ®

- Year 2024
- Director Maite Alberdi
- Starring Ted Danson; Mary Elizabeth Ellis; Lilah Richcreek Estrada;
- Genres Comedy

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Friday, October 16, 2026

- **10:00am** **Trivia Quiz** ***Library**
- **11:00am** **Seated Exercise with Legacy** ***Commons**
- **1:00pm** **Catholic Mass** ***Chapel**

Father Andy

Our Lady of Victory Catholic Church

- **2:00pmShopping Trip** ***(Weather Permitting)***

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop & Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- **2:00pm** **Chain Link – A Race to the Bottom** ***Library**
- **3:00pm** **Afternoon Social** ***Library**
- **3:30pm**  ***Clubroom**

4:30pm in the commons (Resident Recommendation)

Secretary Rubio Delivers Remarks from the Acropolis in Athens.

A screening of the official video of U.S. Secretary of State Marco Rubio's October 7, 2026, address in Greece concerning international relations, national sovereignty, and transatlantic alliances.

A 27mins YouTube Video Streaming

- **7:00pm** **Klute** ***Commons**

A small-town detective searching for a missing man has only one lead: a connection with a New York prostitute.

Streaming **Amazon Prime Video 1 h 49 min.**

- Year 1971
- Directors Alan Pakula
- Starring Jane Fonda, Donald Sutherland, Charles Cioffi
- Genres Suspense.

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Saturday, October 17, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Seated Strength and Mobility** ***Commons**
  Alex: Certified Trainer
- **1:30pm Klute** ***Commons**

A small-town detective searching for a missing man has only one lead: a connection with a New York prostitute.

Streaming Amazon Prime Video 1 h 49 min.

- Year 1971
- Directors Alan Pakula
- Starring Jane Fonda, Donald Sutherland, Charles Cioffi
- Genres Suspense.

- **2:00pm KNIT, STITCH & CRAFT** ***Clubroom**

Whether you enjoy knitting, crafting, or simply getting together with friends and neighbors to chat, all are welcome to join us for an enjoyable afternoon of creativity and good company

- **3:30pm Afternoon Social** ***Library**
- **3:30pm Word find** ***Library**
- **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, October 18, 2026

- **10:00am Trivia Quiz** — *** Library**
- **11:00am Seated Exercise** — ***Commons**

11:30am – 1:30pm

Sunday Brunch

Location: Dining Room

- **1:30pm Hello, Dolly!** — ***Commons**

Dolly Levi uses her matchmaking skills in New York City to orchestrate the love lives of her friends, all the while trying to get the man she likes to fall for her.

Streaming: Amazon Prime Video – 2hr, 24 min

- Year 1969
- Audio English
- Director Gene Kelly
- Starring Barbra Streisand, Walter Matthau, Michael Crawford

- **2:00pm Dominoes** — ***Clubroom**
- **3:00pm Afternoon Social** — ***Library**
- **3:30pm** 

— ***Clubroom**