***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, October 26, 2026

- **10:00am Trivia Quiz** — ***Library**
- **11:00am Tai Chi** — ***Commons**

"Heong Chen" (also known as Chen)

Tai Chi Master Instructor

- **1:30pm America in Color** — ***Commons**

Season 1 included with Prime until 4/30 Witness American history, from the 1920s through the 1960s, like it's never been seen before - in vibrant color.

S1 E5 - The 1960s 48 min. & S2 E1 - The Wild West 48 min.

- Year 2017
- Directors Smithsonian Channel
- Starring Eric Meyers, Max Beesley, Stephen Mangan, Liev Schreiber
- Genres Documentary, Historical.

- **2:00pm Dominoes** — ***Clubroom**
- **3:30pm Afternoon Social** — ***Library**
- **3:30pm**  — ***Clubroom**
- **4:30pm Cocktail Hour** — ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, October 27, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Balance and Motion *Bistro**
  "Michael Rosengart"
  NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- **1:45pm Let's play Blank Slate *Clubroom**
- **3:00pm Afternoon Social *Library**

3:30pm In the Club Room

PUMPKIN PAINTING

- **3:30pm Art Lecture: Streaming *Commons**

The Art Detectives

Tracking down previously unknown paintings by some of the world's great artists.

S2 E3– Carmarthenshire 59 min.

The Carmarthenshire County Museum may be home to cases of mistaken identity and two lost paintings.

6:30pm In the Commons

CIVIC VOICES PRESENTS

Ambassador Dennis C. Jett, Ph.D.

Former Ambassador to Mozambique and Peru, former National Security Council Senior Director, author, and founding faculty member and Professor Emeritus at PSU.

All Residents are welcome to join.

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Wednesday, October 28, 2026

STAFF PUMPKIN CONTEST VOTING
Starts @ 1:00PM IN THE CLUB ROOM

- **10:00am Trivia Quiz** ***Library**
- **11:00am Sit and Fit with "Adela"** ***Commons**

Corrective exercise specialist and former pro rugby player.
Represented USA (2007) and South Africa (2000) in World Cups

- **1:00pm The Mirror Crack'd** ***Commons**

Super sleuth Miss Marple (Angela Lansbury) sets about solving a mysterious death in this classic British thriller adapted from Agatha Christie's novel.

Streaming Amazon Prime Video 1 h 41 min.

- Year 1980
- Directors Guy Hamilton
- Starring Angela Lansbury, Elizabeth Taylor, Rock Hudson,
- Genres Suspense

- **1:30pm Bridge Club** 

***Bistro**
- **1:30pm WATERCOLOR Painting** ***Clubroom**
- **3:00pm Afternoon Social** ***Library**

3:00pm In The Commons
NURSING CONNECTION QUARTERLY MEETING
With Jill Youens, R.N., C.D.P. Director of Nursing
"WORKING WITH WELLNESS BECAUSE YOUR WELLNESS MATTERS"

- **3:30pm** ***Clubroom**
- **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, October 29, 2026

STAFF PUMPKIN CONTEST VOTING ENDS AT 12:00PM IN THE CLUB ROOM

- **10:00am Trivia Quiz * Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **11:00am Balance and Motion *Bistro**

"Michael Rosengart"
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

2:00pm Commons

RESIDENT FORUM

All residents are invited to attend the Resident Forum to share feedback, ask questions, and hear updates from each department manager.
We value your input and look forward to hearing from you!

- **3:00pm Afternoon Social *Library**
- **3:30pm Word Find *Library**

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Friday, October 30, 2026

- **10:00am** **Trivia Quiz** ***Library**
- **11:00am** **Seated Exercise with Legacy** ***Commons**
- **1:00pm** **Catholic Mass** ***Chapel**

Father Andy

Our Lady of Victory Catholic Church

- **2:00pm** **Shopping Trip** ***(Weather Permitting)***

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop & Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

3:00PM - 4:30PM IN THE COMMONS





3:00pm: Halloween Custom Contest

3:30pm: Halloween Party with Live Music



- **7:00pm** **The Mirror Crack'd** ***Commons**

Super sleuth Miss Marple (Angela Lansbury) sets about solving a mysterious death in this classic British thriller adapted from Agatha Christie's novel

Streaming **Amazon Prime Video 1 h 41 min.**

- Year 1980
- Directors Guy Hamilton
- Starring Angela Lansbury, Elizabeth Taylor, Rock Hudson,
- Genres Suspense

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Saturday, October 31, 2026



- **10:00am Trivia Quiz** ***Library**
- **11:00am Seated Strength and Mobility** ***Commons**

Alex: Certified Trainer

- **1:30pm The Mirror Crack'd** ***Commons**

Super sleuth Miss Marple (Angela Lansbury) sets about solving a mysterious death in this classic British thriller adapted from Agatha Christie's novel.

Streaming Amazon Prime Video 1 h 41 min.

- Year 1980
- Directors Guy Hamilton
- Starring Angela Lansbury, Elizabeth Taylor, Rock Hudson,
- Genres Suspense

- **2:00pm KNIT, STITCH & CRAFT** ***Clubroom**

Whether you enjoy knitting, crafting, or simply getting together with friends and neighbors to chat, all are welcome to join us for an enjoyable afternoon of creativity and good company.

- **3:00pm Afternoon Social** ***Library**
- **3:30pm Word Find** ***Library**
- **4:30pm Halloween Themed Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, November , 2026

- **10:00am Trivia Quiz * Library**
- **11:00am Seated Exercise *Commons**

11:30am – 1:30pm

Sunday Brunch

Location: Dining Room

- **1:30pm Tippett - The Rose Lake and Mahler Symphony No. 10 *Commons**

From blissful radiances to a last lament, Sir Simon Rattle conducts the final works of Sir Michael Tippett and Gustav Mahler.

Streaming: Amazon Prime Video – 1 hr, 54 min

- Year 1975
- Audio English
- Director Jo Johnson
- Starring London Symphony Orchestra, Gustav Mahler, Sir Michael Tippett

- **2:00pm Dominoes *Clubroom**
- **3:00pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**