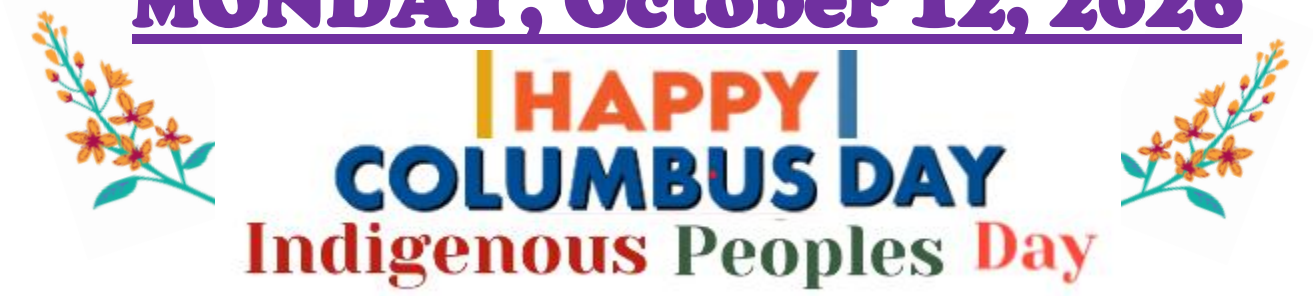
OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, October 12, 2026



10:00am **Seated Morning Stretch**

10:45am Cool Down & Rehydrate

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **ARTS & CRAFTS WITH JORDAN:**

"PUMPKIN PAINTING"

2:30pm Hors d'oeuvres & Bing Crosby Greatest Hits

2:45pm **Bowling & Laughs Club**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, October 13, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:30pm **Sing-along with Susie Q**

2:30pm Hors d'oeuvres & Connie Francis Greatest Hits

3:00pm **Corn Hole**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, October 14, 2026

10:00am **Balloon Toss**

10:50am Cool Down & Rehydrate

11:00am **Jigsaw Puzzles**

12:00pm **LUNCH!**

2:00pm **INDOOR WALKING CLUB**

2:30pm Hors d'oeuvres & Ricky Nelson Greatest Hits

3:00pm **Jigsaw Puzzles**

3:30pm **Music & Memories with Eduardo**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, October 15, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Balloon Tennis**

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** *(Weather Permitting)*

With Pop Corn & Ice Cream on the Road

3:00pm Hors d'oeuvres & The Carpenters Greatest Hits

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, October 16, 2026

10:00am **Seated Exercises**

10:45am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:00pm Communion and Prayers

2:00pm ROYAL HIGH TEA 

3:00pm Hors d'oeuvres & Sam Cooke Greatest Hits

3:15pm **Bowling & Laughs Club**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, October 17, 2026

10:00am **Balloon Toss**

10:30am Morning Hydration

11:00am **Arts & Crafts:**

"CREATIVE PAINTING"

11:30am **LUNCH!**

1:30pm **INDOOR WALKING CLUB**

2:30pm Hors d'oeuvres & The Best Songs of Kenny Rogers

3:00pm **PRINTED ART & PUZZLES**

3:30pm Sing-along with Susie Q

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, October 18, 2026

10:00am **Seated Morning Stretch**

10:30am Morning Hydration

11:00am Live Stream – Washington National Cathedral

12:00pm **BRUNCH**

1:30pm **Sing-along with Susie Q**

2:30pm Hors d'oeuvres Elton John Greatest Hits

3:00pm **Hand Massage**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change