OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, October 26, 2026

10:00am	**Seated Morning Stretch**
10:45am	Cool Down & Rehydrate
11:00am	**Sit & Fit with Legacy**
12:00pm	**LUNCH!**
1:30pm	Arts & Crafts: "CREATIVE PAINTING"
2:30pm	Hors d'oeuvres & Bing Crosby Greatest Hits
2:45pm	**Bowling & Laughs Club**
3:30pm	**BINGO!**
5:00pm	**DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, October 27, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:30pm **Sing-along with Susie Q**

2:30pm Hors d'oeuvres & Ricky Nelson Greatest Hits

3:00pm **Hand Massage**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, October 28, 2026

10:00am Seated Exercises

10:50am Cool Down & Rehydrate

11:00am Balloon Tennis

12:00pm **LUNCH!**

2:00pm INDOOR WALKING CLUB

2:30pm Hors d'oeuvres & Connie Francis Greatest Hits

3:00pm Table Tennis

3:30pm Music & Memories with Eduardo

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, October 29, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Jigsaw Puzzles**

12:00pm **LUNCH!**

1:30pm **Walking Club** *(Weather Permitting)*

With Pop Corn & Ice Cream on the Road

3:00pm Hors d'oeuvres & Nat King Cole Greatest Hits

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, October 30, 2026

10:00am **Balloon Toss**

10:45am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:00pm Communion and Prayers

2:00pm ROYAL HIGH TEA



3:00PM - 4:30PM IN THE COMMONS



3:00pm: Halloween Custom Contest

3:30pm: Halloween Party with Live Music



5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, October 31, 2026



10:00am Seated Exercises

10:30am Morning Hydration

11:00am Arts & Crafts:

"CREATIVE PAINTING"

11:30am LUNCH!

1:30pm INDOOR WALKING CLUB

2:30pm Hors d'oeuvres & Best Of Little Richard

3:00pm PRINTED ART & PUZZLES

3:30pm Sing-along with Susie Q

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, November 1, 2026

10:00am **Seated Morning Stretch**

10:30am Morning Hydration

11:00am Live Stream – Washington National Cathedral

12:00pm **BRUNCH**

1:30pm **Crossword: Finish the Proverbs**

2:30pm Hors d'oeuvres Best Pop & Rock Hits 60s

3:00pm **Hand Massage**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change