OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, October 5, 2026

10:00am **Balloon Toss**

10:45am Cool Down & Rehydrate

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm Arts & Crafts:
"CREATIVE PAINTING"

2:30pm Hors d'oeuvres & Bing Crosby Greatest Hits

2:45pm **Bowling & Laughs Club**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, October 6, 2026

10:00am Balance & Motion with Michael

10:50am Cool Down & Rehydrate

11:00am Jigsaw Puzzles

12:00pm LUNCH!

1:30pm ART THERAPY WITH JORDAN

SCRATCH ART

2:30pm Hors d'oeuvres & Connie Francis Greatest Hits

3:00pm Corn Hole

3:30pm BINGO!

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, October 7, 2026

10:00am **Seated Morning Stretch**

10:50am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

2:00pm **INDOOR WALKING CLUB**

2:30pm Hors d'oeuvres & Ricky Nelson Greatest Hits

3:00pm **Jigsaw Puzzles**

3:30pm **Bowling & Laughs Club**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, October 8, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Balloon Tennis**

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** *(Weather Permitting)*

With Pop Corn & Ice Cream on the Road

3:00pm Hors d'oeuvres & The Carpenters Greatest Hits

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, October 9, 2026

10:00am **Seated Exercises**

10:45am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:00pm Communion and Prayers

2:00pm ROYAL HIGH TEA

3:00pm Hors d'oeuvres & Sam Cooke Greatest Hits

3:15pm **Hand Massage**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, October 10, 2026

10:00am Balloon Toss

10:30am Morning Hydration

11:00am Arts & Crafts:

"CREATIVE PAINTING"

11:30am LUNCH!

1:30pm INDOOR WALKING CLUB

2:30pm Hors d'oeuvres & The Best Songs of Kenny Rogers

3:00pm PRINTED ART & PUZZLES

3:30pm Sing-along with Susie Q

4:30pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, October 11, 2026

10:00am **Seated Morning Stretch**

10:30am Morning Hydration

11:00am Live Stream – Washington National Cathedral

12:00pm **BRUNCH**

1:30pm **Sing-along with Susie Q**

2:30pm Hors d'oeuvres Elton John Greatest Hits

3:00pm **Corn Hole**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change