***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, November 16, 2026

- **10:00am Trivia Quiz** — ***Library**
- **11:00am Tai Chi** — ***Commons**

"Heong Chen" (also known as Chen)

Tai Chi Master Instructor

2:00 PM | Commons

WASHINGTON WALDORF SCHOOL CONCERT

Featuring middle and high school students performing a 30-minute concert with the school's guitar and drums ensemble and jazz band.

- **3:00pm Afternoon Social** — ***Library**

3:00 PM | Commons

HOLIDAY CHOIR CONCERT REHEARSAL

Led by Grand Oaks Choir Director Jeff Levin. Preparing for the upcoming Holiday Choir Concert. Newcomers are welcome!

- **3:30pm** 

— ***Clubroom**
- **4:30pm Cocktail Hour** — ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, November 17, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Balance and Motion** ***Commons**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **1:30pm Scenic Van Ride *(Weather Permitting)***
  - Sign up with Concierge By 12pm on Monday
  - Bus Loading & Departure Schedule:
  - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
  - 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.
- **1:45pm Let's play Blank Slate** ***Clubroom**
- **3:00pm Afternoon Social** ***Library**
- **3:30pm Art Lecture: Streaming** ***Commons**

The Art Detectives

Tracking down previously unknown paintings by some of the world's great artists.

S3 E3. Cardiff 59 min.

Bendor Grosvenor and Emma Dabiri investigate a badly over-painted Madonna in Cardiff.

- **6:30pm Civic Voices Presents:** ***Commons**

GZERO World with Ian Bremmer

(PBS Screening)

All Residents are welcome to join.

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Wednesday, November 18, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Sit and Fit with "Owen Lentz" *Commons**

Corrective exercise specialist and former pro rugby player. represented USA (2007) and South Africa (2000) in World Cups

- **1:30pm Making Scents of Love *Commons**

When a perfume chemist accidentally spills her latest scent on a man who instantly falls for her, she's convinced the concoction may be a love potion

.Streaming Amazon Prime Video 1 h 27 min.

- Year 2023
- Directors Robin Dunne
- Starring Katherine Barrell, Patrick Kwok-Choon
- Genres Comedy, Romance.
-

- **1:30pm Bridge Club *Bistro**
- **1:30pm WATERCOLOR Painting *Clubroom**
- **3:30pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**
- **4:30pm Cocktail Hour *Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, November 19, 2026

- **10:00am Trivia Quiz * Library**
- **11:00am Garden Club with Adela**
- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **11:00am Balance and Motion *Bistro**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **1:30pm Dominoes *Clubroom**
- **2:00pm RESIDENT FORUM * Commons**

Guest Speaker: Ed Grogan,

Exec Director, Information Technology • Information Technology

He will provide residents with updates on the Verizon Wi-Fi service and the Commons sound system.

All residents are invited to attend the Resident Council Forum to share feedback, ask questions, and hear updates from each department manager.

We value your input and look forward to hearing from you!

- **3:00pm Afternoon Social *Library**
- **3:00pm Sip and paint *Clubroom**
- **3:30pm Word Find *Library**

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Friday, November 20, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Seated Exercise with Legacy** ***Commons**
- **1:00pm Catholic Mass** ***Chapel**

Father Andy

Our Lady of Victory Catholic Church

- **2:00pm Shopping Trip *(Weather Permitting)***

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop & Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- **2:00pm Chain Link – A Race to the Bottom** ***Library**
- **3:00pm Afternoon Social** ***Library**
- **3:30pm** 

***Clubroom**
- **7:00pm Making Scents of Love** ***Commons**

When a perfume chemist accidentally spills her latest scent on a man who instantly falls for her, she's convinced the concoction may be a love potion.

.Streaming Amazon Prime Video 1 h 27 min.

- Year 2023
- Directors Robin Dunne
- Starring Katherine Barrell, Patrick Kwok-Choon
- Genres Comedy, Romance.

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Saturday, November 21, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Seated Strength and Mobility *Commons**

Alex: Certified Trainer

- **1:30pm Making Scents of Love *Commons**

When a perfume chemist accidentally spills her latest scent on a man who instantly falls for her, she's convinced the concoction may be a love potion

.**Streaming Amazon Prime Video 1 h 27 min.**

- Year 2023
- Directors Robin Dunne
- Starring Katherine Barrell, Patrick Kwok-Choon
- Genres Comedy, Romance.

- **2:00pm KNIT, STITCH & CRAFT *Clubroom**

Whether you enjoy knitting, crafting, or simply getting together with friends and neighbors to chat, all are welcome to join us for an enjoyable afternoon of creativity and good company

- **3:30pm Afternoon Social *Library**
- **3:30pm Word find *Library**
- **4:30pm Cocktail Hour *Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, November 22, 2026

- **10:00am Trivia Quiz** — *** Library**
- **11:00am Seated Exercise** — ***Commons**

11:30am – 1:30pm

Sunday Brunch

Location: Dining Room

- **1:30pm Ciclo Preludio** — ***Commons**

Arriaga, Beethoven and Bach

This concert is part of the Preludio Concert Series and features following works: Juan Crisóstomo de Arriaga's String Quartet No. 1, Beethoven's Piano Sonata No. 18, op. 31/3 and J. S. Bach's French Overture (BWV 831). Recorded at the Auditorio Sony, Escuela Superior de Música Reina Sofía in Madrid in 2019.

Streaming: Amazon Prime Video – 1 hr, 21 min

- Year 2013
- Audio English
- Director Stingray Classica
- Starring Cuarteto Óscar Esplá de Asisa, Ludwig van Beethoven, Johann Sebastian Bach, Juan Crisóstomo Arriaga

- **2:00pm Dominoes** — ***Clubroom**
- **3:00pm Afternoon Social** — ***Library**
- **3:30pm** 

— ***Clubroom**