***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, November 2, 2026

❖ **11:00am Tai Chi** ***Commons**

"Heong Chen" (also known as Chen)
Tai Chi Master Instructor

❖ **1:30pm America in Color** ***Commons**

Season 1 included with Prime until 4/30 Witness American history, from the 1920s through the 1960s, like it's never been seen before - in vibrant color.

S2 E2 - Titans of Industry 48 min. & S2 E2 - The Wild West 48 min.

- Year 2017
- Directors Smithsonian Channel
- Starring Eric Meyers, Max Beesley, Stephen Mangan, Liev Schreiber
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Clubroom**

❖ **3:30pm Afternoon Social** ***Library**

❖ **3:30pm** 

***Clubroom**

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, November 3, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Balance and Motion** ***Commons**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **1:30pm Scenic Van Ride** ***(Weather Permitting)***
  - Sign up with Concierge By 12pm on Monday
  - Bus Loading & Departure Schedule:
  - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
  - 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.
- **1:45pm Let's play Blank Slate** ***Clubroom**
- **3:00pm Afternoon Social** ***Library**
- **3:30pm Art Lecture: Streaming** ***Commons**

The Art Detectives

Tracking down previously unknown paintings by some of the world's great artists.

S3 E1. Devon 59 min.

Dr. Bendor Grosvenor discovers a unique portrait of Rembrandt in a National Trust home's collection.

- **6:45pm Civic Voice Presents** ***Commons**

ELECTION DAY WATCH PARTY

Pizza and Beer will be served

In the Commons: All Residents are welcome to join.

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Wednesday, November 4, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Sit and Fit with "Owen Lentz" *Commons**

Corrective exercise specialist and former pro rugby player. represented USA (2007) and South Africa (2000) in World Cups

- **1:30pm American Summer *Commons**

Mikey (Guttenberg/Gray) relives the unforgettable summer he met Kelly (Brinkley/Talerico), where baseball, first love, neighborhood adventures and lifelong friendships help him find hope while his father remains missing in action overseas.

Streaming Amazon Prime Video 1 h 22 min.

- Year 2026
- Directors Michael W. Gray
- Starring Steve Guttenberg, Logan Gray, Christie Brinkley, Mia Talerico, Dan Lauria, Cullen Moss, Erinn Ruth, Maximus Virgili, Max Malas, Cash Chisum, Carter J. Thomas, Jaba Keh, Luis Sojo, Lee Mazzilli
- Genres Comedy, Drama, Nostalgic

- **1:30pm Bridge Club *Bistro**
- **1:30pm WATERCOLOR Painting *Clubroom**
- **3:30pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**
- **4:30pm Cocktail Hour *Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, November 5, 2026

- **10:00am Trivia Quiz * Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **11:00am Balance and Motion *Bistro**

"Michael Rosengart"
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

1:30pm In the Commons

Choir Meeting and Practice

Choir Director: Jeff Levin

- **1:30pm Bridge Club *Bistro**
- **1:30pm Dominoes * Bistro**
- **2:00pm Sip and paint *Clubroom**
- **3:00pm Word find *Library**
- **3:00pm Resident Council Formation Meeting *Commons**

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Friday, November 6, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Seated Exercise with Legacy *Commons**
- **1:00pm Catholic Mass *Chapel**

Father Andy

Our Lady of Victory Catholic Church

- **2:00pm Shopping Trip *(Weather Permitting)***

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop & Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- **2:00pm Chain Link – A Race to the Bottom *Library**
- **3:00pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**
- **7:00pm American Summer *Commons**

Mikey (Guttenberg/Gray) relives the unforgettable summer he met Kelly (Brinkley/Talerico), where baseball, first love, neighborhood adventures and lifelong friendships help him find hope while his father remains missing in action overseas.

Streaming Amazon Prime Video 1 h 22 min.

- Year 2026
- Directors Michael W. Gray
- Starring Steve Guttenberg, Logan Gray, Christie Brinkley, Mia Talerico, Dan Lauria, Cullen Moss, Erinn Ruth, Maximus
- Genres Comedy, Drama, Nostalgic

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Saturday, November 7, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Seated Strength and Mobility** ***Commons**

Alex: Certified Trainer

- **1:30pm American Summer** ***Commons**

Mikey (Guttenberg/Gray) relives the unforgettable summer he met Kelly (Brinkley/Talerico), where baseball, first love, neighborhood adventures and lifelong friendships help him find hope while his father remains missing in action overseas.

Streaming Amazon Prime Video 1 h 22 min.

- Year 2026
- Directors Michael W. Gray
- Starring Steve Guttenberg, Logan Gray, Christie Brinkley, Mia Talerico, Dan Lauria, Cullen Moss, Erinn Ruth, Maximus Virgili, Max Malas, Cash Chisum, Carter J. Thomas, Jaba Keh, Luis Sojo, Lee Mazzilli
- Genres Comedy, Drama, Nostalgic

- **2:00pm KNIT, STITCH & CRAFT** ***Clubroom**

Whether you enjoy knitting, crafting, or simply getting together with friends and neighbors to chat, all are welcome to join us for an enjoyable afternoon of creativity and good company

- **3:30pm Afternoon Social** ***Library**
- **3:30pm Word find** ***Library**
- **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, November 8, 2026

- **10:00am Trivia Quiz** — *** Library**
- **11:00am Seated Exercise** — ***Commons**

11:30am – 1:30pm

Sunday Brunch

Location: Dining Room

- **1:30pm Evening Concert** — ***Commons**

Haydn, Mozart, Chopin a. o.

The Reina Sofía School of Music (Escuela Superior de Música Reina Sofía) in Madrid, Spain, offers young musicians a profound musical training and valuable concert experience. This evening concert features performances of several talented Argentinian music students of the Reina Sofía School.

Streaming: Amazon Prime Video – 1 hr, 34 min

- Year 1975
- Audio English
- Director Jo Johnson
- Starring London Symphony Orchestra, Gustav Mahler, Sir Michael Tippett

- **2:00pm Dominoes** — ***Clubroom**
- **3:00pm Afternoon Social** — ***Library**
- **3:30pm** 

— ***Clubroom**