***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, November 9, 2026

❖11:00am Tai Chi *Commons

"Heong Chen" (also known as Chen)

Tai Chi Master Instructor

❖1:30pm America in Color *Commons

Season 1 included with Prime until 4/30 Witness American history, from the 1920s through the 1960s, like it's never been seen before - in vibrant color.

S2 E3 - Organized Crime 48 min. & S2 E4 – Playtime 48 min.

- Year 2017
- Directors Smithsonian Channel
- Starring Eric Meyers, Max Beesley, Stephen Mangan, Liev Schreiber
- Genres Documentary, Historical.

❖3:30pm Afternoon Social *Library

❖3:30pm 

*Clubroom

❖4:30pm Cocktail Hour *Bistro

Featuring themed Cocktail & Wine & Beer

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Tuesday, November 10, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Balance and Motion *Commons**

"Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **1:30pm Scenic Van Ride *(Weather Permitting)***
  - Sign up with Concierge By 12pm on Monday
  - Bus Loading & Departure Schedule:
  - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
  - 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.
- **1:45pm Let's play Blank Slate *Clubroom**
- **3:00pm Afternoon Social *Library**
- **3:30pm Art Lecture: Streaming *Commons**

The Art Detectives: S3 E2. Manchester 59 min.

Tracking down previously unknown paintings by some of the world's great artists. Dr. Grosvenor discovers a painting from the 1770s, which he believes has been wrongly attributed.

6:30pm In The commons

CIVIC VOICES PRESENTS:

FRED K. DROGULA

Charles J. Ping Professor of Humanities
Professor of Classics
Director of the Ping Institute for the Humanities

In the Commons: All Residents are welcome to join.

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, November 11, 2026



- **10:00am Trivia Quiz *Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Sit and Fit with "Owen Lentz" * Commons**

Corrective exercise specialist and former pro rugby player.
represented USA (2007) and South Africa (2000) in World Cups

- **1:30pm Bridge Club *Bistro**
- **1:30pm WATERCOLOR Painting *Clubroom**

3:30pm – 4:30pm In the Commons

VETERANS DAY CELEBRATION



3:00pm – 3:30pm

PINNING CEREMONY



3:30pm – 3:30pm

CELEBRATING OUR VETERANS WITH LIVE MUSIC AND HORS D'OEUVRES.

- **4:30pm Cocktail Hour *Bistro**

Featuring themed Cocktail & Wine & Beer

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, November 12, 2026

- **10:00am Trivia Quiz * Library**
- **11:00am Garden Club with Adela**

Meet me on the 2nd Floor Courtyard by the Wellness Office.

- **11:00am Tech Support with Jordan**
  - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- **11:00am Balance and Motion *Bistro**

"Michael Rosengart"
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- **1:30pm GRAND OAKS BOOK CLUB**

Conference Room

Where words come to life! All are welcome!
Even if you have not read the book!

- **1:30pm Choir Meeting and Practice *Commons**
  Choir Director: Jeff Levin
- **1:30pm Bridge Club *Bistro**
- **1:30pm Dominoes * Bistro**
- **2:00pm Sip and paint *Clubroom**
- **3:00pm Word find *Clubroom**

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, November 13, 2026

- **10:00am Trivia Quiz *Library**
- **11:00am Seated Exercise with Legacy *Commons**
- **1:00pm Catholic Mass *Chapel**

Father Andy

Our Lady of Victory Catholic Church

- **2:00pm Shopping Trip *(Weather Permitting)***

Deadline to Sign up with concierge is 9:00 am on Friday.

- Residents will have 1 hour to shop & Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- **2:00pm Chain Link – A Race to the Bottom *Library**
- **3:00pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**
- **7:00pm Pride & Prejudice *Commons**

This Academy Award-nominated film stars Keira Knightley as Elizabeth Bennet, who finds herself falling for the man she swore to loathe forever.**Streaming Amazon Prime Video 2 h 01 min.**

- Year 2005
- Directors Joe Wright
- Starring Keira Knightley, Matthew Macfadyen, Brenda Blethyn
- Genres Drama, Romance.

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, November 14, 2026

- **10:00am Trivia Quiz** ***Library**
- **11:00am Seated Strength and Mobility** ***Commons**

Alex: Certified Trainer

- **1:30pm Pride & Prejudice** ***Commons**

This Academy Award-nominated film stars Keira Knightley as Elizabeth Bennet, who finds herself falling for the man she swore to loathe forever.**Streaming Amazon Prime Video 2 h 01 min.**

- Year 2005
- Directors Joe Wright
- Starring Keira Knightley, Matthew Macfadyen, Brenda Blethyn
- Genres Drama, Romance.

- **2:00pm KNIT, STITCH & CRAFT** ***Clubroom**

Whether you enjoy knitting, crafting, or simply getting together with friends and neighbors to chat, all are welcome to join us for an enjoyable afternoon of creativity and good company

- **3:30pm Afternoon Social** ***Library**
- **3:30pm Word find** ***Library**
- **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

***Daily Activities Schedule** Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,*
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, November 15, 2026

- **10:00am Trivia Quiz * Library**
- **11:00am Seated Exercise *Commons**

11:30am – 1:30pm

Sunday Brunch

Location: Dining Room

- **1:30pm BBC Cardiff Singer of the World 2013 - Round 2 *Commons**

Every two years, promising young vocalists gather in Wales' capital city to take part in one of the world's most prestigious singing competitions: the BBC Cardiff Singer of the World Competition. Past editions have helped launch the careers of some of the biggest stars in opera, including Karita Mattila, Dmitri Hvorostovsky, and Bryn Terfel.

Streaming: Amazon Prime Video – 1 hr, 29 min

- Year 2013
- Audio English
- Director Stingray Classica
- Starring Gala El Hadidi, Alexey Bogdanchikov, Wolfgang Amadeus Mozart, Pyotr Ilyich Tchaikovsky, Loriana Castellano, Antonín Dvořák, Erich Wolfgang Korngold, Graeme Jenkins, Gioachino Rossini, Federico Moreno Torroba, George Frideric Handel, Maria Celeng, Georges Bizet, Luthando Qave, Robert Stolz, Camille Saint-Saëns, Orchestra of Welsh National Opera, Giuseppe Verdi

- **2:00pm Dominoes *Clubroom**
- **3:00pm Afternoon Social *Library**
- **3:30pm** 

***Clubroom**