OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, November 16, 2026

10:00am	**Seated Morning Stretch**
10:45am	Cool Down & Rehydrate
11:00am	**Sit & Fit with Legacy**
12:00pm	**LUNCH!**
1:30pm	Sing-along with Susie Q
2:30pm	Hors d'oeuvres & Frank Sinatra Greatest Hits
2:45pm	**Jigsaw Puzzles**
3:30pm	**BINGO!**
5:00pm	**DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, November 17, 2026

10:00am Balance & Motion with Michael

10:50am Cool Down & Rehydrate

11:00am Balloon Tennis

12:00pm LUNCH!

1:30pm Arts & Crafts:
"CREATIVE PAINTING WITH JORDAN"

2:30pm Hors d'oeuvres & Dean Martin Greatest Hits

3:00pm Corn Hole

3:30pm BINGO!

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, November 18, 2026

10:00am Seated Exercises

10:50am Cool Down & Rehydrate

11:00am Armchair Travel

12:00pm LUNCH!

2:00pm INDOOR WALKING CLUB

2:30pm Hors d'oeuvres & Perry Como Greatest Hits

3:00pm Arts & Crafts:

"CREATIVE PAINTING"

3:30pm Table Tennis

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, November 19, 2026

10:00am **Balance & Motion with Michael**

10:50am Cool Down & Rehydrate

11:00am **Jigsaw Puzzles**

12:00pm **LUNCH!**

1:30pm **Scenic Van Ride** *(Weather Permitting)*

With Pop Corn & Ice Cream on the Road

3:00pm Hors d'oeuvres & Andy Williams Greatest Hits

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, November 20, 2026

10:00am **Balloon Toss**

10:45am Cool Down & Rehydrate

11:00am **Armchair Travel**

12:00pm **LUNCH!**

1:00pm Communion and Prayers

2:00pm ROYAL HIGH TEA 

3:00pm Hors d'oeuvres & Brenda Lee Greatest Hits

3:15pm **Hand Massage**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, November 21, 2026

10:00am Seated Exercises

10:30am Morning Hydration

11:00am Arts & Crafts:

"CREATIVE PAINTING"

11:30am LUNCH!

1:30pm INDOOR WALKING CLUB

2:30pm Hors d'oeuvres & Elvis Presley Greatest Hits

3:00pm Bowling & Laughs Club

3:30pm Table Tennis

5:00pm DINNER!

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, November 22, 2026

10:00am **Seated Morning Stretch**

10:30am Morning Hydration

11:00am Live Stream – Washington National Cathedral

12:00pm **BRUNCH**

1:30pm **Crossword: Finish the Proverbs**

2:30pm Hors d'oeuvres & Little Richard Greatest Hits

3:00pm **Jigsaw Puzzles**

3:30pm **BINGO!**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change